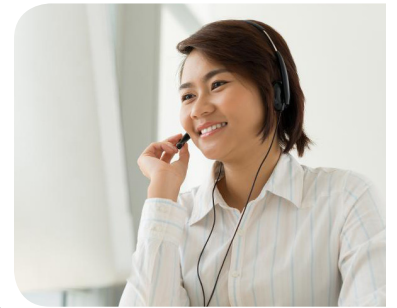


## WHAT IS A PATIENT CARE ADVOCATE?

**We know that fertility treatments can be overwhelming.** As a Progyny member, you have unlimited access to a unique and personalized resource – a dedicated **Patient Care Advocate (PCA)**. Your PCA is your expert for discussing all things related to your fertility journey. Whether you are just beginning to learn about assisted reproductive technology or are ready to begin treatment, your PCA will help guide you through every step along the way.

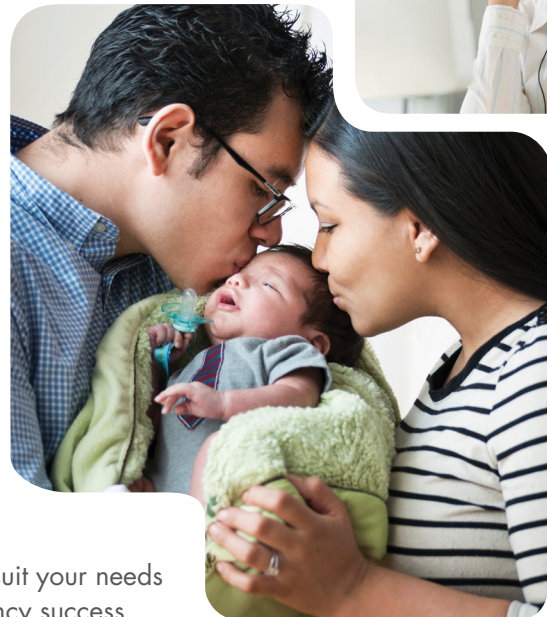


### Support and Guidance Throughout Your Journey

The first time you call Progyny, you will be connected with a PCA. Once your relationship is established, the same PCA will work with you throughout your journey.

**PCAs provide information, resources, and emotional support including:**

- **Coordination** of initial and follow-up appointments
- **Physician selection assistance** including the best clinic to suit your needs
- **Treatment options** and technologies that increase pregnancy success and decrease risk of multiple births
- **What to expect** at each of your doctor visits and procedures
- **Coordination with pharmacy** when applicable
- **Emotional support** from someone who understands your unique situation
- **Access to nurses** for clinical education and support
- **Surrogacy, adoption, egg donor, and/or sperm donor** counseling
- **Family building options** for all paths to parenthoods including single parents by choice, LGBTQ+ individuals and couples



### Getting Started

**Contact your PCA to begin using your fertility benefit.**

Your PCA can be reached at your employer's dedicated Progyny phone line or by emailing [info@progyny.com](mailto:info@progyny.com).

